

Prompts<sup>1</sup> and Notes - **STEP ONE**

**Purpose of Step One:** To give the disciple(s) a concise model for helping an interested person come to know Jesus and to strengthen this new Christian to stand against the most common attacks of the enemy. This is basic counselor training for evangelism and followup.

**Remember:** Begin discipleship with a two or three week commitment and by giving your potential disciple(s) a copy that you have made of **Step One**. While you spend time with your disciple(s) on this step, you can be prayerfully evaluating whether or not you should continue to invest time in a discipleship relationship after you have finished. Every Christian will benefit from **Step One** even if they do not receive additional attention from you. You are looking for potential disciples in whom to invest your time so that they in turn will disciple others.

- ⇒1. Use the question on this line (line 1. on page -1-) to start a conversation. Listen attentively. You may discover that you are talking with someone who does not know the Lord. You may ask, "*Have you ever read **The Four Spiritual Laws or Steps to Peace with God?***" Spend some time with one of these booklets and discuss ways that it may be used appropriately. They are good to give to someone after a conversation by saying: "This explains better than I what we are talking about. Read it over and let me know what you think."
- ⇒2.1D "*What does it mean in **Rom. 10:9** when it refers to Jesus as Lord?* (See the top of p.5 for an explanation).
- 2.3 The *Miniature Plan of Salvation* gives us the most basic statement for helping an interested person invite Jesus into his/her life. When we "open" the door of our life, we "receive" Jesus (i.e. let Him in), **Rev. 3:20**. As many as receive Him become God's children, **Jn. 1:12**. Then we must allow Jesus to be Lord of our life, **Rom 10:9**. **Practice with each other a prayer you might use to help another receive Jesus.**
- 3 THE FOUR ASSURANCES:
- ⇒3.1 "*How can you know that you have eternal life? What does this verse teach us about two basic categories of people?*" There are those who have life in Jesus and those who don't. See **Lk 23:39-43; 15:11-32**.
- ⇒3.2 *How did Joseph escape from temptation?* **Genesis 39:7-12**. Other Christians will help us if we will be open and honest. Pray together.
- ⇒3.3 *What do we have to do to receive God's forgiveness?* Confess our sin. *What else must we do?* **Mt 6:12,15**. Forgive others.
- ⇒3.4 *What are some rules about asking?* See **1 Jn 5:14; Jn 15:7, & Jas 4:2,3**.

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<sup>1</sup>A prompt is an ⇒ followed by a line number from the opposite page and gives the discipler a possible conversation starter. Relax, be yourself and trust the Lord to give you original questions.

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Prompts and Notes - **STEP TWO**

**Purpose of Step Two:** 1) To give a vision of how the Lord wants to use each of us in the lives of future generations of Christians. 2) To focus on what it means to be a disciple of Jesus Christ.

**Remember:** In discipleship we are not simply teaching data or information. We are growing together with our disciple(s) as we share openly with them. Listen to your disciple(s). Be sensitive, non-judgmental, and relaxed. Take time as needed to deal with life issues. [Say, "*One of these days you will be discipling others.*"] **Pray** together.

**Review:** Go over *The Miniature Plan of Salvation*, the *Four Assurances*, and the memory work from **Step One**. The **Progress Control Sheets** should be copied and used for each Encounter group. (pp.24-25)

⇒(See the second line from top of p. 2) *What is the meaning of "both you and I will be helped at the same time?"*

⇒1.1 *How many spiritual generations do we find in 2 Tim. 2:2?* **Note:** Paul (the author of this book) is the first of the **four** generations. *Why did Paul list four generations?* **Note:** (line 1.1B) This is God's design as seen in the Old Testament in **Ps. 78:5,6** (1. "forefathers"; 2. "their children"; 3. "the next generation"; and 4. "their children,"). Also see **Dt. 4:9; 6:7; 11:19**.

**Note:** The importance of simplicity and clarity in transmitting the Gospel with **four** generations in mind must be stressed.

⇒1.2 See the map in your Bible. *What should we do to be like the sea of Galilee?* Pass on what we receive. We grow as we help others grow.

⇒1.3C *Do you see any importance in the order of the statements (Mk 3:14) "be with Him" and "send them out to preach?"* First we spend time with Jesus. *How can we do that?*

**Note:** Our biggest challenge is to become more and more like Jesus (*formation*) and encourage our disciple(s) to do the same. This happens where life and Scripture (*information*) come together through the Holy Spirit. We need social time with our disciple(s).

⇒2. *What are the five requirements of discipleship found in Luke 14:25-33?* (1. Come to Jesus; 2. Jesus above all; 3. Take up your cross [voluntary sacrifice]; 4. Count the cost; and 5. Make Jesus owner of all you have.)

⇒3. *What does it mean to remain in Jesus (Jn 15:7)?* See verse 10.

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Prompts and Notes - **STEP TWO** (continued)

**Remember:** Sometimes we feel like terrible models. We are all in the process of Christian growth as long as we keep seeking more of the Lord in our lives. The best model is to be open about sin and failures and let your disciple(s) see how you deal with them through confession and restitution.

Be specific in your prayers with your disciple(s). Make and use a copy of the blank prayer list on page 26 and then check off answers to prayer as they happen.

- ⇒4.1A *What is the context for being alert, firm, and strong?* v. **14** Love.
- ⇒4.1D *What does it mean to be faithful? How should we be faithful?*
- ⇒4.1E *Which area in this list needs your greatest attention at this time?*
- ⇒4.1F *How can we affirm others in their walk with the Lord?*
- ⇒4.1G *For Christians, what is the prize at the end of the race of life? What can we do to assure ourselves that we will make it to the goal successfully?*  
Run with patience and keep training carefully.

**Note:** authority in the church has been abused all too often. The following section of the outline focuses on our relationships with others.

- ⇒4.2A *Can you think of practical ways of developing a friendship? What is the greatest way that one can show his/her love for a friend?* See **Jn 15:13**. This is what Jesus did for us.
- ⇒4.2B *Why should we seek to follow Jesus' model in our lives?* **1 Pet 2:21** and **Heb 12:2,3** teach us to follow Jesus' example. Paul also tells us to follow his example as he follows Christ--**1 Cor 11:1**.
- ⇒4.2C *Do you believe the Holy Spirit can guide others just as He guides you (**Jn 16:13**)?* When we think that the other person is mistaken we need to remember that maybe we are also mistaken. Together we humbly seek the Lord to know His will.
- ⇒4.2D *Why did Titus have authority in Crete to appoint elders in the body of believers in each town?* He had been appointed by Paul and therefore had authority to act.  
**Note** how the apostle Paul willingly submitted to the leaders in Jerusalem -- **Acts 15:1,2** and **16:4**. ⇒*What was the request that James, Peter, and John made of Paul?* **Gal 2:10** says that "... (he) should continue to remember the poor...." ⇒*How did Paul respond to their request?* It also says that he was "eager to do it."

Prompts and Notes - **STEP THREE**

**Purpose of Step Three:** To introduce 1) the daily quiet time and 2) the dynamics of the Christian life (*Wheel Illustration*).

**Remember:** These questions are simply suggestions. Pray for guidance as you meet with your disciple(s). Use part of your time to find out what is going on in your daily lives. It is important that each of you is involved in a local church. Use part of your discipleship time to focus on ministry in the church. **Review** the memory work as you go along. Go over the homework on the bottom of **Step Two**.

⇒ 1. *Why have Christians down through the years worked at developing the habit of praying and reading the Bible every day? What kind of a day had Jesus just finished? **Mk 1:29-34***

**Note:** It is important that we distinguish between the **discipline** of having daily personal devotions and the all too often legalistic approach that looks at the "quiet time" as a **requirement** for pleasing God. The only thing that makes us right with God is the righteousness of Jesus --**I Cor 1:30; II Cor 5:21**. We daily seek time with the Lord because we need His strength, His power, and His presence in our lives. He lives the Christian life in and through us--**Phil 2:13**.

⇒ 1.1 *What kind of an example has Jesus left for us? He needed time with God. When should we pray?--**I Thes 5:17 and Lk 18:1**.*

⇒ 1.2 *We want to give God prime time. If we miss does that mean the Lord is not with us? No. He is always with His children--**Mt 28:20**. We do well to remember that God seeks those who will worship Him--**Jn 4:23**. Seven minutes is a minimal starting goal.*

2. **Note:** The Wheel Illustration becomes the index for all the following STEPS in these Discipleship Encounters. We begin at the center and work out to the rim. The Wheel needs to be memorized!

⇒ 2 Begin by drawing an outline of the Wheel. *In a drive wheel where does the power enter? The axle. What supports the axle? The hub. How is the power transmitted out to the rim? Through the spokes. What part of the wheel wears and needs to be renewed? The rim (tire).*

⇒ 2.1 *In the Christian life what is the source of power? Jesus.*

⇒ 2.2 *Through whom does the power of Jesus flow to us? The Holy Spirit. What are some of the means that the Lord uses?(See the spokes).*

⇒ 2.3 *With the verticle spokes who reaches down and who reaches up?*

⇒ 2.4 *How can we describe the horizontal spokes? We reach out to other people - Christians (i.e. fellowship) and non-Christians (i.e. our testimony through word and deed).*

⇒ 2.5 *What holds everything together in the wheel? The rim (= obedience).*

**Note:** Review the Wheel from memory. Read the memory verse. Pray.

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Prompts and Notes - **STEP FOUR**

**Purpose of Step Four:** 1) To expand on the importance of Jesus' lordship (**Rom 10:9 - Step One**) 2) To consider our life styles and our rights as Jesus' servants or as those living under new management.

**Remember:** In discipleship it is assumed that each disciple is regularly participating in a local church where there is Bible study, fellowship, prayer and active participation in ministry. Talk about this participation and the importance of seeking out those whom your disciple(s) can begin to disciple. *Suggest that your disciple(s) bring the names of two or three people that they are considering discipling.* Pray with them about these prospects. One name is fine, but experience shows that discipling two or three people at a time is the most fruitful approach. **Review** the "*Two Seas Illustration*."

⇒1. *Why is the phrase "accepting Jesus as personal savior" only partially correct?* It is similar to a person who marries a spouse to be just a cook or a bread winner instead of taking the spouse for all that he/she is. In the New Testament the **24** references to "savior" are always combined with one of these other titles: Lord (8 x's), God (8 x's), Jesus or Christ (4 x's), and prince (1 x). There are three exceptions where "savior" stands alone.

There is special importance in the fact that over **600** times in the New Testament Jesus is given the specific title "Lord." This title was reserved only for King Caesar or the owner of slaves.

⇒2. *Who or what are some of the "masters" or "Lords" that we serve?* Look at the list under line #3 in the outline for additional ideas. Robert Munger's booklet, [My Heart - Christ's Home](#) is helpful here.

3. **Note:** it is best to have your disciple(s) go over this list at home and then look at it together next week. Notice that the list is open ended and could include such things as racism, self-denial, witnessing, not accepting others, deceitfulness, guilt etc. Here we are bringing God into our real world and not confining him to our religious world. A sample question follows (for line 3.14 of the outline):

⇒3.14 *What is the relationship between Jesus' lordship and our voluntarily giving Him a tenth (tithe) of our income? ⇒What does God ask his people to do in **Mal 3:10**? "Test me..."*(This is a biblical principle and not a law. When we trust the Lord with our finances we discover the reality of His presence and care in the details of life). See the outline on **Stewardship** (pages 27 and 27a).

**Note:** These same kinds of questions can be asked for every area on the list.

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Prompts and Notes - **STEP FOUR** (continued)

**Remember:** You are growing and learning from your disciples(s) as you meet together week after week. Affirm your disciples(s) and comment on how you enjoy getting together each week. Tell what the Lord is doing in your life or what He is speaking to you about. Being open and vulnerable goes hand in hand with living as a servant under Jesus' lordship. We are learning to die to self and let Him live in us -- **Gal 2:20**.

**Review** is very important and assures learning. Be creative as you review the *Miniature Plan of Salvation*, the *Four Assurances*, the importance of aiming at **four generations** in the discipling process, the *Two Seas Illustration*, and the *Wheel Illustration*.

- ⇒4. *Which of the two circles best represents your life? Where do you most see the lordship of Jesus in your life? What can be a problem with a sacrifice that is alive? (It can crawl off the altar.)*
- ⇒4.1 *As servants of the Lord, what should our attitude be when we have done a great job in fulfilling our responsibilities? See **Lk 17:7-10**.*
- ⇒4.2 *When you give your belongings to God and someone steals something you have, whose property have they stolen? (They have stolen God's property.) How should we respond? **Rom 12:17-20**.*
- ⇒4.3 *Have you discovered the power of giving thanks to God even when you don't feel like it? Try it. It is a powerful and satisfying experience. It is God's design for us. (see Step 7 on page 11, line 1.3)*

4.4A **Note:** When there is a conflict of interests, **self denial** means that I choose in favor of Christ and against myself.

**"Homework."** -- Ask your disciple(s) to read the booklet "**Have You Made The Wonderful Discovery of the Spirit-Filled Life?**" Next week you will begin examining the importance of being filled and guided by the Holy Spirit and this little booklet from Campus Crusade for Christ is an excellent place to begin the process.

**Pray** as you end your time together each week.

Prompts and Notes - **STEP FIVE**

**Purpose of Step Five:** 1) To bring into sharp focus the person of the Holy Spirit. 2) To encourage each disciple of Jesus Christ to consciously seek and then depend upon the infilling of the Holy Spirit for joyful and effective living and ministry.

**Remember:** The growth rate of disciples will vary from one to another. Be patient. With time you will see positive results. Keep reviewing the **verses** that your disciple(s) memorize as well as the other items mentioned in the **Prompts and Notes** on page 6a. Some days you will meet without any review and other days you may spend a lot of time just reviewing. Variety is important. Enjoy! One of your objectives is to raise up co-laborers for the various ministries of the local church so that there is no lack of help as the church grows through its different ministries.

**Note:** Hopefully your disciple(s) are ready with the name(s) of the persons they would like to disciple. This is a good time to give them a copy of this **Discipler's Guide**. Pray with your disciple(s) as they begin to disciple others. What are their fears? Are they realistic in scheduling time? Encourage them. Together read over the **Practical Helps** on p. 19.

⇒1.2 *What are two ways that we can know we are God's children (Christians)?*  
1) The declaration of the Bible--**1Jn 5:11,12**; and 2) the inner witness of the Holy Spirit with our spirit--**Rom 8:16**

⇒2.1 *When and how was John's prophecy fulfilled?* See the next line (2.2).

⇒3.1 *To whom will God give the Holy Spirit?* To those who ask.

⇒3.3 Begin this section by saying, "*Let's see how many different ways the Holy Spirit is active in our lives.*"

4. **Note:** This point, #4, is a transition point as we consider the need to be filled with the Holy Spirit. We know that every believer has the Holy Spirit (line #1 of this Step). Here Jesus gives the Holy Spirit to His disciples, but later they are filled with the Spirit--**Acts 2:1-4; 4:31**. So it is with us. We need the fullness of the Holy Spirit for confidence and power. The next points in the outline will bring this into sharper focus.

⇒5. *How do these five different occasions of believers being filled with the Holy Spirit differ from each other?* Note: there is no exact pattern.

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Prompts and Notes -- **STEP FIVE** (continued)

**Remember:** As we disciple others we need to keep asking the Lord to keep us focused. In prayer, ask the Lord to help you understand the importance of your discipleship efforts. What difference will it make in your local church one year from now? Help your disciple(s) to think in terms of the Lord using them to impact future generations -- both in your present context and in the future places that the Lord will place them. Keep the vision of four spiritual generations before you (**Step Two**). Don't become tired of helping others grow (**Gal 6:9**).

- ⇒6. *How do you want to respond to this command?* In wanting to make Jesus Lord we should try to do all that He commands us.
- ⇒7. *Have you ever asked to be filled with the Holy Spirit? What is the promise given to us in **Lk 11:13**?* Jesus says the Father will give the Holy Spirit to those who ask for Him (the Holy Spirit is a person not an "it").
- ⇒8.1 *Right now, for you, which is the most difficult of the three areas listed over which the Holy Spirit must have control?*
- ⇒8.2 *Can you name any of the spiritual gifts that the Holy Spirit gives?* See the four listings of the gifts of the Holy Spirit (references are given). ⇒ *What is the purpose of spiritual gifts?* **1 Cor 12:7** says they are given for the common good, to help build up the body of Christ -- the church. See **1 Cor 14:12**. ⇒ *Which gifts are for non-Christians?*
- ⇒8.3A *How does the world attack us?* By winning us over little by little to its value system and way of thinking. **Rom 12:2** says that we should not conform to the pattern of this world (do not let the world press you into its mold)
- ⇒8.3B *How do the world's values, fleshly desires and human nature express themselves today?* Compare the world's values and God's--**Heb 13:4**
- ⇒8.3C *Who is stronger, Jesus or Satan?* **1 Jn 3:8, 4:4; Mt 28:18; Mk 3:14,15.** ⇒ *How then do we handle attacks from the devil and his demons?* See line 8.4D of the outline.
- ⇒8.4 *How do these verses in Galatians describe life in the Holy Spirit?* Notice the verbs: **vs 16** live by; **vs 18** led by; & **vs 25** keep in step with. ⇒ *What is the result of this life?* The fruit of the Spirit **Gal 5:22,23**
- ⇒8.4A-D *Let's look at some practical ways we can walk in the Spirit.*

**Note:** Spend time praying together about the things you've been talking about. Ask the Holy Spirit to fill you and lead you. Receive the Holy Spirit by faith and by faith use the gifts He gives you.



Prompts and Notes - **STEP SIX**

**Purpose of Step Six:** To strengthen our confidence in the Bible and learn how indispensable it is for victorious Christian living and ministry.

**Remember:** Discipleship outside the context of active ministry quickly becomes counter productive. Discipleship is effective only as our disciples become involved in ministry -- especially an outreach ministry where they can immediately begin discipling new Christians. Patiently encourage your disciple(s) to move ahead in discipling others. Review the concept of "sharing the pigment of our lives" in discipleship as presented on pages iii - iv of the **Preface**.

**Note:** BY NOW YOU HAVE DEVELOPED A COMFORTABLE RELATIONSHIP WITH YOUR DISCIPLE(S) AND CAN EASILY CREATE YOUR OWN QUESTIONS FROM THE **OUTLINES** THEMSELVES. FOR THIS REASON, THE QUESTIONS THAT FOLLOW IN THIS AND SOME OF THE FOLLOWING **STEPS**, WILL BE FEWER IN NUMBER AND WILL HIGHLIGHT JUST A FEW OF THE THEMES. AGAIN YOU ARE ENCOURAGED TO ASK THE LORD TO FILL YOU WITH HIS SPIRIT AND HELP YOU ASK ORIGINAL QUESTIONS FOR GETTING INTO THE VARIOUS THEMES EACH WEEK.

- ⇒2.2A *Who are those for whom the reading and study of the Bible become meat?* **Heb 5:14** -- those who practice using and applying the Scriptures to daily living so they can do what is right
- ⇒2.3A *What does each response of Jesus have in common in these verses? In each He is quoting the Scriptures. ⇒ What can we learn from this for our lives?* Here we can see the value of memorizing parts of the Bible.
- ⇒2.3B *Why is the word of God more powerful than our own words?* Because it is the sword of the Holy Spirit. ⇒ *Have you had any experience using the Bible as a defense against the enemy?*
- ⇒2.3C *What does the Word do according to **Heb 4:12**?*
- ⇒2.4A *If we sin who helps us come to God for forgiveness?* See **1 Jn 2:1** for additional teaching in this area.
- ⇒2.4B *What does Jesus' birth, life, death, and resurrection say to us about God's primary concern for his creation?* He wants the lost found. Compare Jesus' first and last words spoken to His disciples -- **Mk 1:17** and **Mt 28:19,20**. How well do you think we are doing in following Jesus today?

Prompts and Notes -- **STEP SIX** (continued)

**Remember:** Ask the Lord to help you focus on what you should emphasize as you meet regularly with your disciple(s). It is good to talk about the future and what each of you can do along the way to remain faithful to the Lord five, ten, or twenty years from now.

⇒ 4. *How much do we remember when we hear the spoken word?* Psychologists have found that we remember at the best about 10% of what we hear. Thus the little finger represents the hearing of the word. Each successive finger represents a greater retention of the word as we move toward the thumb.

⇒ *What do we have to do to have nearly 100% retention of what we hear or read?* Memorize what we hear or read.

⇒ *Have you ever tried to get a grip on something without the use of your thumb?* We hold on much better when we use our thumb. ⇒ *What do we need to do in order to get the best grip on Scripture?* Meditate on it. Meditation and memorization go together. We do well when we ask God for wisdom in understanding and applying the Scripture to our daily living--**James 1:5,6**.

⇒ *What do you think is the most important part of the Hand Illustration?* The application of the word of God to our daily lives.

**Note:** Review the parts of the *Hand Illustration* out loud with your disciple(s). Have them memorize it and practice explaining it. This along with the *Wheel Illustration* provides good outlines for devotional messages or sermons.

Prompts and Notes - **STEP SEVEN**

**Purpose of Step Seven:** To strengthen our prayer life.

**Remember:** Your own hunger and desire to seek and serve the Lord is one of the most powerful aspects of your discippling relationships. Keep asking the Lord to renew your own life and to use you to raise up those who will disciple others. Encourage your disciples to do the same. Do not become tired of reviewing the basics.

- ⇒ 1.1 *When and where should we confess our sins?* The idea is to keep short accounts with God and to confess immediately wherever we are.
- ⇒ 1.2 *How do we adore or praise God?* With our lives, music, and in prayer with our words. Of the four elements of prayer adoration is generally the weakest. That is why part of the homework in this STEP is to make a list of the names and descriptions of God for use in prayer. We can read from the list as we adore and worship God. We find models of this kind of prayer in **1 Chron 29:11-13** and **Rev 5:12-13**.
- ⇒ 1.3 *When should we give thanks to God?* (See each verse). Even though we do not understand the reason for many things that happen it is God's will that we give thanks in and for all things. It is the response of a child to a loving and trustworthy father that says "Even though this is not what I would choose, I am thankful, God, because you see the end from the beginning and know what is best."
- ⇒ 1.4B *What are some of the ways that we can pray for laborers to be sent out?* As we become aware of other countries and cities in the news or hear of needs and people's problems, we can pray in that moment for the Lord to send His messengers to help them and pray that they may also come to know our Lord and Savior.
- ⇒ 2.1 *How can we pray constantly? Do we have to have our eyes closed in order to pray?* We must learn to constantly be in communication with the Lord and let our whole life be lived in His presence letting Him share in all our relationships and activities by simply sharing with Him our innermost being, our thoughts, our fears, and our joys and victories.
- ⇒ 3.4 *Does one's relationship with a spouse affect the way our prayers are answered?*

Prompts and Notes - **STEP SEVEN** (continued)

**Remember:** Learning to pray is more than knowing about it. Experiment with it. Ask your disciple(s) to pray for you as you pray for them.

- ⇒4 *Which of these helps to prayer do you consider the most difficult to experience?*
- ⇒4.1. *What would be the Lord's principle commands for us? "...to believe in Jesus and love one another."*--**1 Jn 3:23**
- ⇒4.2 *What is the primary way of knowing God's will? His word*--**2 Tim 3:16**
- ⇒4.3 *What can we do when we are having a hard time believing while we pray?*  
Pray the prayer in **Mk 9:24**, "Help my unbelief."
- ⇒4.4 *What do you think it means to "remain in the word?"*--**Jn 15:7**
- ⇒4.5 *Why should we forgive others? God forgives us as we do others*--**Mt 6:12**
- ⇒4.6 *What is the source of personal recognition and exaltation? The Lord Himself exalts us*--**1 Chron 29:12** and **1 Pet 5:6**
- ⇒4.7 *How do you prioritize the following items in your life: family, ministry, church activities, the Lord, work, school, recreation etc.?*
- ⇒4.8 *How could a prayer list help you? Discipline, awareness of answers etc.*
- ⇒5 *What do you think can be done to experience more fruit in our Christian lives? Don't give up*--**Gal 6:9** and remember Jesus example--**Heb 12:3**
- ⇒5.7 *How do Abraham's petitions change with each successive request? As his faith grows with each new answer his prayers become more bold.*
- ⇒5.8 *What activity precedes revival and renewal? Prayer with humility.*
- ⇒6 *What might be an advantage of group prayer over private prayer? More discipline in prayer, encouragement to keep on praying, increased faith and boldness to serve the Lord*--**Acts 4:29**

**Homework:** There are different kinds of prayer lists: e.g. a general list or one for each day of the week, Monday through Saturday, listing different categories like family, friends, work related issues, church, ministry, salvation of certain people, missions/missionaries etc. On Sunday pray without a list. The variations are many. Be sure to include praise and adoration in your prayer times using the list you make with this homework assignment.

**Note:** Answer #4 in the exercise at the bottom of Step Seven (distributed answer) means that the answer comes bit by bit over a period of time.

Prompts and Notes - **STEP EIGHT**

**Purpose of Step Eight:** 1) To encourage Christians to tell others of Jesus Christ. 2) To provide models for communicating the Gospel through life and word.

**Remember:** A changed life is the most potent statement of the saving power of God. Research shows that 75% to 90% of all people who put their trust and faith in Jesus Christ do so after they have had about seven contacts with people who are Christians and also three hearings of the gospel message. People are at different points in their readiness to make a change of allegiance and follow Christ. Sometimes your word of witness may be all that is necessary for a person to want to invite Jesus into his/her life. At other times your word may simply be what God is using to draw a person one step closer to Himself.

**Note:** It is important that your disciples know from memory the *Miniature Plan of Salvation* and the the *Four Assurances (Step One)* so that they can not only lead people to Christ but also begin discipling them.

⇒ 1.1 *How can you improve your life's impact on those around you?* Obedience to Scripture and continually walking filled with the Holy Spirit.

⇒ 1.2A *What should our focus be when we talk to someone about the Christian life?* We focus not on church or religion but on the person of Jesus Christ--**Col 1:28**.

⇒ 1.2B *What has and is the Lord doing in your life?* Help your disciples learn to talk about the Lord's activity in their lives--**1 Jn 1:3**.

1.3 In using prayer as a way to point people to the living God it is best to approach the subject as a learner (which we all are) using the disclaimer "*This may sound funny to you and I'm just learning that we can talk to God and He will help us. Would it be OK if I asked God to help you with....*" or "*This may sound strange to you. I'm learning that we can talk to God and He hears us and answers us. I've been praying for (here you name the other person's need that you've been praying for). Do you think it has helped?*" In both cases conversation may follow naturally from these questions or it may not. Be relaxed. Don't push. Give the other person the option of talking more or simply dropping the subject. Either way you have just made a powerful statement that will make an impact in the other person's life sooner or later.

Prompts and Notes - **STEP EIGHT** (continued)

**Remember:** In discipleship you are sharing your vision and passion to serve Jesus Christ with others. It is good to continually do a reality check on your own focus as a discipler. What do you want to happen both in your own life and in the lives of those you are discipling? If you can't easily answer this question it would be best to talk to a Christian leader and together work on your focus and purpose for discipling. Usually we are training new leaders and it is important to have an idea of the kinds of ministries or opportunities that await new leaders. The need for leaders is always great where there are small group ministries that are multiplying and creating growth in the church. Some have found a wonderful combination of discipling a small group leader apprentice the hour before the small group meets and then moving directly into the small group meeting together for "hands on" ministry.

4.2 Notice how the apostle Paul develops the story of his encounter with Jesus Christ. You may be able to recall the time you did not know Jesus personally and then tell of your encounter with Him using the B.C., M.C. and A.C. model. Those of you who grew up in a Christian home and have been walking with the Lord as long as you can remember will not talk about your B.C. and M.C. experiences except to say that *"I've been walking with the Lord from my early childhood"* and then from this statement launch into what that relationship means to you today.

After telling non-Christians of your encounter with Jesus is the perfect time to ask them if they would like to know God personally by inviting Jesus into their life. If they say yes, encourage them to pray to receive Christ. Offer to lead them in a prayer that they can repeat after you phrase by phrase if they so desire.

Sometimes it is best to give them a copy of "The Four Spiritual Laws" (or some similar booklet) as homework saying that *"This booklet explains better than I what it is we are talking about. Take it home and read it and then we can talk about it sometime if you'd like"*. I have had people who do this tell me the following week that they invited Jesus into their life. Then I would begin a discipleship relationship with them.

**Homework:** Have your disciple(s) read over the *Bridge Illustration* on page 23 and then next week practice explaining it to each other as you each draw it.

Prompts and Notes - **STEP NINE**

**Purpose:** 1) To emphasize the nature and importance of the church as the body of Christ 2) To focus on our need for each other as we live as part of the body of Christ.

**Remember:** Ask the Holy Spirit to fill you as you sit down with your disciple(s) so that it is the Lord who speaks through you and each of you are encouraged together. Help your disciple(s) in the discipling process. If they have not begun discipling someone don't be discouraged. Encourage them with the same patience that we receive from the Lord. Maybe you can help them get together with a potential disciple from your church or a small group.

It is necessary to over-learn the memory verses and the illustrations of *The Two Seas*, *The Wheel* and *The Hand* if they are to be retained. They are great assets for helping disciples of Jesus Christ understand and communicate the basics of the Christian life.

⇒2. *What would be one of the main differences between the world's fellowship and the Christian's fellowship? God is in our midst to encourage us-- Isa 57:15, and gives us a common mission or task--Mt 28:18-20.*

⇒3.2 Other results of being united with Christ follow the first two verses of **Phil 2**. *What does it mean to "consider others better than yourselves" and to "look...to the interests of others"--Phil 2:3,4?*

⇒4. Families are struggling for survival in many parts of the world. *How can Christian fellowship strengthen the family? What can it do for those who have no family support? Look at each subpoint under 4.1*

Prompts and Notes - **STEP NINE** (continued)

**Note:** This would be a good time for you as a discipler to again read the **PREFACE** and to start praying and thinking about whom you will disciple next. You may take a break after you finish these outlines (and hopefully some **STS Bible Studies**), but before you do, be sure to set a future date for beginning with some new disciple(s). We have found that the school year is a good discipling time with time off for holidays, Christmas, and Easter. Then the disciples are ready for ministry during the summer months wherever they may find themselves. Even if you have not finished these outlines by summer you will find the need for a break and a change of pace.

⇒4.2 *Do you think that Christian fellowship helps non-Christians see that life in Christ is really a wonderful and living relationship with the Father, His Son, and one another?*

⇒4.2C *What do we need to do to make sure people are sent to those who have not heard the Gospel? How do we know whom to send?*

⇒5.1C *How should each of us think of ourselves? As a forgiven person.*

5.2 The following list of New Testament "one another" passages gives us a picture of the kinds of behavior that God wants His children to have. The seven points (A thru G of 5.2) are representative of this list.

Rom 12:10	Rom 15:14	Col 3:9	James 4:11	1 Jn 3:11
" 12:16	1 Cor 12:25	" 3:12-13	" 5:9	" 3:23
" 13:8	Gal 5:13	" 3:16	" 5:16	" 4:7
" 14:13	" 6:2	1 Thes 3:12	1 Pet 1:22	" 4:11
" 14:19	Eph 4:1-2	" 4:18	" 4:9	" 4:12
" 15:5	" 4:32	Heb 3:13	" 5:5	2 Jn 5
" 15:7	" 5:18-21	" 10:23-25	" 5:14	

⇒5.2G *Do you ever say you are sorry? Do you ever confess your sins to another person?* Pride is sin and keeps us from being open and honest with each other. If we will be honest with one another and not pretend that we have no sin, problems, or struggles, we will soon discover a whole new dimension of rich and freeing relationships that allows for wonderful growth and freedom in Christ.

⇒5.3D *Have you ever looked at the other Christians in your church with the thought that they have been placed there by the Lord Himself and have a special function and purpose?*

⇒6.2 *What do you think it means to be an heir of God and co-heir with Christ?*  
Look at **1 Pet 1:3,4; 1 Cor 2:9; 1 Jn 3:2.**



Prompts and Notes - **STEP TEN**

**Purpose of Step Ten:** 1) To stimulate both the discipler and the disciple(s) to actively do what the Lord tells us. 2) To lead us to an understanding of the connection between Jesus' Lordship and our obedience to His will. 3) To strengthen our commitment to follow Jesus faithfully to the end.

**Remember:** Review the homework from the bottom of the last page (p. 16) on the outstanding characteristics of the body of Christ as seen in **1 Cor 12:11-13**. At this time it would be good to review the **PREFACE** together, reading and discussing each major theme.

⇒1.2 *In this verse--Col 1:28, what word gives the idea of a process of growth?* Mature ("perfect" in some translations) ⇒ *What does obedience have to do with maturing?*

⇒2 *How did Jesus learn obedience?* He learned from what He suffered--**Heb 5:8**.

⇒2.1 *How do we show that we love the Lord?* By obeying Him. See **Jn 14:21**.

⇒2.4 *Are there limits to obedience?* See **Phil 2:8; 2 Cor 4:7-12; 6:4-10; 11:23-28; Heb 11:35b-40**.

⇒2.6 *What does it mean to "deny yourself"?* When a choice means choosing between yourself or the Lord, choose in favor of the Lord and against yourself.

⇒2.7A *What does the phrase "all nations" mean?* Literally it means all **ethnic groups** and so has less to do with geography and more to do with ethnic groups whether they are in Chicago, Chattanooga, or China. *What is the content of what we are to teach (vs. 20)?* We are to teach obedience to Christ's commands.

⇒3.2 *Does it surprise you to find persecution and suffering in the same list with blessings?*

## Prompts and Notes - STEP TEN (continued)

**Remember:** This is the last page of the ten step outline that you have been using for your discipleship encounters. Talk about the importance of review so that your disciple(s) will keep reviewing with their disciples. At the same time you cannot stress too much the importance of formation versus information. At this time it would be good to review the **Practical Helps** on pages 19 and 20 as well as become aware of the other materials in the **Appendix**.

**Note:** After finishing this step you may very well want to spend more time with your disciples. The **STS Bible Study** described on page 30 is very useful at this time. You will want to make copies of the form provided on page 31 and give them to your disciple(s) to fill out. Read over page 30 with your disciple(s) so that they understand this simple but effective way to study the Bible chapter by chapter. Take one or two parts at a time as you begin. This study can be done with groups larger than the discipleship encounter group of two or three people.

4.2 At this point we turn back to page 5 in our outlines and look at the list we considered when we talked about the Lordship of Jesus Christ. Look at the list in terms of obedience which is a part of following Jesus as Lord. The items we are presently wrestling with in terms of obedience may not be the same as those that were checked off when we first looked at page 5. We are growing and changing--**Rom 8:29**.

⇒4.5 *How do these verses encourage you?*

Now that you have come this far in discipling we want to tell you that it gets better each time you do it. You have learned things that work and others than do not. Each person or group of people is different. You can easily understand why we suggested in the "Prompts and Notes" on page 1a that you allow **STEP ONE** to be a kind of screening process before you commit to the more long term relationship of discipling that begins with **STEP TWO**.

Ask the Lord to give you a sustained vision of the importance of discipleship in laying the foundation for many generations to come. Above, "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." **Gal. 6:9**

Committed to Jesus and the next three generations,

Jerry and Nancy

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**OPTIONAL STARTING POINT- The BIBLE, GOD, and PEOPLE**

**Purpose of this OPTIONAL STEP:** 1) To explain why Christians believe and follow the Bible as the standard for faith, doctrine, and conduct. 2) To teach who God is. 3) To illustrate what God has done in Jesus Christ for our salvation.

**Remember:** It is not necessary to have all the answers. A simple witness to the reality of Jesus in our lives powerfully impacts others (even when they will not admit it). Once when a man told me that he didn't understand all this stuff about Jesus and that he was an agnostic I responded by saying "I don't understand a lot of this either, but there is one thing I do know and that is that Jesus loves you very much. Wouldn't you like to know Him? The man said yes he would, and prayed to receive Jesus right then. (I used the *Miniature Plan of Salvation - Step One*)

1. **Note:** The Bible is an amazing book written by forty authors ranging from humble peasants to great leaders. All of them contributed to this marvelous work whose preparation took some 1,600 years. It is extremely interesting when we recall that in spite of its different literary styles and distinct authors, there is an amazing harmony and focus from cover to cover. God loves people and seeks to have fellowship with us.
  2. A Bible dictionary and a concordance (lists all the words in the Bible and shows where they appear in each book) will give you help in understanding what the Bible says about God.
  - 2.8 "*Trinity*" is a word that describes biblical data. It is not a word in the Bible but rather a theological word. It deals with a mystery that no one can fully understand. It is always easier to say what the Trinity is NOT than to say exactly what it is. It is NOT three Gods. It is NOT God changing his costume - first you see Him as Father, then as Son etc. One close analogy is that of the three states of water -- vapor, liquid, and ice -- but of course in God the three exist all at the same time.
- ⇒3. *What does the Bible say about you and me?* Read each reference.
- ⇒4. *Sum up all that God has done for us when he sent His Son, Jesus, to live among us and to die for us so that we do not have to die.*

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Prompts and Notes (continued)

**Optional Starting Point - The Bible, God and People**

- ⇒6.1 *What do you think it means to be conformed to the likeness or image of Jesus?*
- ⇒6.2A *1Cor 15:45-49 speaks of two kinds of people. Describe them. How can we become one who bears the likeness of the man from heaven? Verse 57 gives us the answer. “But thanks be to God! He gives us the victory through our Lord Jesus Christ.”*
- ⇒6.2B *How might we become aware of this process of transformation going on in our lives after we change our allegiance from self to Jesus? It may be that we begin to notice a distaste for things that we used to do and/or a desire to do things that we did not do before such as read the Bible, etc. Each person is different, but one thing is sure - we will start discovering new likes and dislikes when we know Jesus and have His Spirit living in us--**2 Cor 5:17**.*
- ⇒7.1A *Look at another passage of the Bible (besides **Rom 8:29**) that gives insight into the way God works in our lives and shows His purposes for our growth--**Eph 4:11-16**.*
- ⇒7.2 *What happens to people in whom Christ lives? Look at the following subpoints.*
- ⇒7.2A *To be in the flesh as some versions say means to be controlled by the sinful nature. *What is the new control center in a Christian's life?* The Holy Spirit.*
- ⇒7.2B *By whom are the children of God led?--**Rom 8:14**. The Spirit of God.*
- ⇒8.6 *If Jesus is our model what can we learn from such passages of Scripture as **Heb 5:8** and **Heb 12:1-3**?*

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**Prompts and Notes - STEWARDSHIP IN THE CHRISTIAN LIFE**

**Purpose** : To increase our dependence upon God who has made us and given us everything we have.

- ⇒1.1 *How should we understand the source of wealth?* The earth is the Lord's and everything in it--**Ps 24:1**. ⇒ *What attitude should we have toward the things we have?* They are from the Lord and we should rejoice in them--**Deut 26:11**.
- ⇒1.2 *How are we to use our time?* Carefully, making the most of it (**vs 15,16**).  
⇒ *To whom does our free time belong if Jesus is Lord of our lives?*
- ⇒1.3 *What does "common good" refer to?*
- ⇒1.4 *In what circumstances should we give thanks to God?* In all circumstances - **1 Thes 5:18** and for everything - **Eph 5:20**. We do not understand this, but peace and joy come from trusting God with thanksgiving.
- ⇒1.5 *Why can we infer responsibility for our garbage from these verses?* God made the earth and put us in charge. We have to give account to God--**2 Cor 5:10**.
- ⇒1.7 See the *Prompts and Notes - Step Four* p. 5a, line 3.14.
- ⇒ 1.8 *What is one of the major results of our telling others of our experience of Jesus Christ?* They come to know God and share in our fellowship--**1 Jn 1:3**.
- ⇒2.1 *In 2 Cor 8:8 we are not receiving a command but rather a test. What is the test?* To see how sincere our love of the Lord is.
- ⇒2.2 *How much should we give back to God?* See **1 Cor 16:1-2** and **2 Cor 9:7**.
- ⇒2.2B *Do you think that God can really meet your needs? If being obedient to Him really puts you out on a limb economically, can you still trust the Lord to provide your needs?* We are not suggesting that you foolishly tempt God, but rather that you seriously follow His guidance.